



YMCA Level 2 Award in Increasing Participation in Sport and Active Leisure in Community Settings (603/1416/3)

YMCA Level 2 Certificate in Increasing Participation in Sport and Active Leisure in Community Settings (603/1417/5)

YMCA Level 2 Diploma in Increasing Participation in Sport and Active Leisure in Community Settings (603/1418/7)

Purpose Statement

Overview

Who is this qualification for?

Those who are wishing to embark on a career in the sport and active leisure sector, or those wishing to continue in education.

What prior qualifications/levels of attainment are needed to take this qualification? Are there any age restrictions?

This qualification is suitable for learner aged 14+. There are no formal entry requirements for candidates undertaking this qualification. Restrictions apply to candidates under the age of 18 working unsupervised with children.

What does this qualification cover?

The YMCA Level 2 Award/Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings comprises of 18 units (listed below).

To achieve the Award, learners must achieve 11 credits from the 3 mandatory units. To achieve the Certificate, learners must achieve 12 credits from the 4 mandatory units, and a minimum of 18 credits from the optional units available. Making a total of 30 credits. To achieve the Diploma, learners must achieve 12 credits from the 4 mandatory units and a minimum of 28 credits from the optional units available. Making a total of 40 credits

- Health, safety and welfare in sport and active leisure (Mandatory, 3 credits)
- Factors affecting participation in sport and physical activity (Mandatory, 3 credits)
- Sports Development (Mandatory, 5 credits)
- Safeguarding and protecting children and young people in sport and active leisure (Mandatory, 1 credit)
- Sport and society (Optional, 5 credits)
- Plan, deliver and evaluate sport and leisure activities (Optional, 4 credits)
- Understanding the active leisure and learning sector (Optional, 2 credits)
- Working with participants with disabilities in sport and active leisure (Optional, 7 credits)
- Rules, regulations and officiating in sport (Optional, 4 credits)
- Talent identification in sport (Optional, 3 credits)
- Building legacy through sporting events (Optional, 3 credits)
- Communication and public relations for sports performers (Optional, 3 credits)
- Understanding the fundamentals of coaching in sport (Optional, 3 credits)

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- Understanding how to develop participant(s) through coaching sport (Optional, 2 credits)
- Supporting participants(s)' lifestyle through coaching sport (Optional, 2 credits)
- Understanding the principles of safe and equitable coaching practice (Optional, 2 credits)
- People skills in sport and active leisure (Optional, 3 credits)
- Event organisation in a sport and leisure environment (Optional, 3 credits)

Key topics/skills/knowledge covered:

- Sports development.
- Health, safety and welfare in sport and active leisure.
- Understanding the sector.
- How sport fits in with society.
- Factors that can influence and affect participation.
- Communication.
- The rules and regulations of officiating in sport.
- Working with participants with disabilities in sport and active leisure.
- Sports performance – including the technical and tactical requirements.
- How to assist in the planning, delivery and evaluation of sporting activities.
- Safeguarding.
- The impact of people skills in sport.
- Event organisation.
- Understanding the fundamentals of coaching.
- Supporting participants' lifestyles through coaching in sport.
- Talent identification and building legacy

What could this qualification lead to?

This qualification can lead to or help the following job roles:

- Leisure Centre Assistant
- Sports Development Officer
- Sports Coach
- Community Sports Leader

This qualification can lead to the following further education:

- YMCA Level 2 NVQ Certificate in Active Leisure, Learning and Well-being Operational Services
- YMCA Level 2 NVQ Certificate in Activity Leadership
- YMCA Level 3 NVQ in Leisure Management
- YMCA Level 3 Award, Certificate & Diploma in Sport
- YMCA Level 3 Award, Certificate & Diploma in Increasing Participation in Sport & Active Leisure in Community Settings



Who supports this qualification?

The YMCA Level 2 Award/Certificate/Diploma in Increasing Participation in Sport and Active Leisure in Community Settings has support from a number of centres and employers within the sector as well as Skills Active (the Sector Skills Councils for this area) and CIMSPA (The Chartered Institute for Management of Sport and Physical Exercise).

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