

YMCA Awards Level 2 NVQ Certificate in Activity Leadership (600/0347/9)

Purpose Statement

Overview

Who is this qualification for?

- Those wishing to run sport and active leisure sessions
- Those who are currently working in the active leisure industry as activity leaders, outdoor activity instructors and community leaders etc., who wish to have their experience and knowledge recognised by a formal qualification

What prior qualifications/levels of attainment are needed to take this qualification? Are there any age restrictions?

No previous experience or qualifications are required however learners should be aged 16+ and have basic skills in communication pitched at Level 2 (discussing, presenting, reading and writing).

Also, access to both clients and the appropriate facilities within a work environment is essential

What does this qualification cover?

The YMCA Awards Level 2 NVQ Certificate in Activity Leadership is regulated by Ofqual and comprises of 5 mandatory units awarding a total of 25 credits plus a further 2 optional units to a minimum value of 5 credits. The qualification therefore has a total credit value of 30 credits

It equips learners with the following specialist knowledge, understanding and skills

Mandatory units

- Support the work of the team and organisation (2 credits)
- Promote health, safety and welfare in active leisure and recreation (4 credits)
- Prepare for activity sessions 4 credits)
- Lead activity sessions (9 credits)
- Conclude and review activity session (4 credits)
- Support equality and diversity in active leisure and recreation (2 credits)

Optional units (choose 2 from)

- Administer finance and information (3 credits)
- Contribute to joint working with other organisations (4 credits)
- Support the development of the sport or activity (2 credits)
- Set up, take down and store activity equipment (3 credits)
- Check and service activity equipment (3 credits)
- Contribute to environmental conservation in active leisure and recreation (6 credits)
- Give customers a positive impression of yourself and your organisation (ICS) (5 credits)
- Look after participants when they are away from home (6 credits)
- Enable disabled people to take part in activities (9 credits)

awarding excellence

- Contribute to adventurous activities (8 credits)
- Contribute to participants' personal and social development (5 credits)
- Contribute to participants' exploration and understanding of the natural environment (4 credits)

Key topics/skills/knowledge covered:

- Supporting the development of the sport or activity
- Setting up, taking down and storing activity equipment
- Checking and servicing activity equipment
- Contributing to environmental conservation in active leisure and recreation
- Giving customers a positive impression of yourself and your organisation (ics)
- Looking after participants when they are away from home
- Enabling disabled people to take part in activities
- Contributing to adventurous activities
- Contributing to participants' personal and social development
- Contributing to participants' exploration and understanding of the natural environment

What could this qualification lead to?

Future employment possibilities

This qualification can lead to employment as an activity leader, outdoor activity instructor or community leader within the active leisure and learning sector.

Progression to further/higher level learning

This qualification provides progression to

- Intermediate level Activity Leadership Apprenticeship
- Level 2 NVQ Certificate in Active Leisure, Learning and Well-being Operational Services
- Level 2 NVQ Certificate in Customer Service
- Level 3 NVQ Diploma in Leisure Management

Who supports this qualification?

This qualification is supported by ukactive, a not-for-profit body comprised of members and partners from across the UK active lifestyle sector. It provides services and facilitates partnerships for a broad range of organisations, all of which support the vision of more people, more active, more often to improve the health of the nation. We exist to serve anyone with a benefit to be gained or a role to play in achieving that goal.

Ukactive's membership, which stands at over 3,000 members, includes operators of fitness facilities of all sizes, as well as local authority leisure centres, leisure trusts, outdoor fitness providers, trainers, sports providers, education and training providers, lifestyle companies, equipment suppliers and charities. Read more about ukactive here:

<http://www.ukactive.com/about-us>