

Assessment Adaptations for YMCA Level 2 Award in Delivering Chair-Based Exercise (600/5924/2)



Overview

This document is designed to provide guidance on how assessments can be adapted to allow learners to complete their qualification when face-to-face delivery/assessments may not be possible.

Important information

If usual delivery of teaching is not possible, consider using a mixture of:

- eLearning
- manuals
- virtual classrooms.

Centres must ensure that learners are fully prepared before any assessment takes place. This includes ensuring that both learners and their clients are always safe and have agreed to the conditions of the adapted assessment. You may need to consider:

- how you will document agreement from the learner
- risk assessments of the assessment environment
- providing learners with additional guidance on remote assessment
- providing learners with an opportunity to practice adaptations before summative assessment
- how you will stop a learner if they are doing something unsafe.

Formative assessment must take place before learners complete their final summative assessment. If both are being completed remotely, you will need to plan in enough time to allow the learners to practice any corrective actions. You will also need to confirm that learners have taken feedback on board before completing summative assessment to ensure that they are fully prepared.

Due to current social distancing measures leisure/gym facilities remain closed therefore various practical assessments for this qualification currently have to be delayed. In preparation for leisure/gym facilities opening, learners can continue with their qualification based on the adaptations outlined below.

You do not need approval to complete assessment adaptations outlined in this document, but you must seek approval before making any other changes.

When carrying out practical assessment remotely, using video conferencing solutions, you should support your learners to understand how to use the selected platform and should make a recording that can be made available for internal and external quality assurance. You should refer to our policy on [Video evidence in practical assessments](#) for detailed guidance which includes information on retaining evidence for quality assurance purposes.

You will need to give us at least 5 working days' notice that final summative assessments is taking place to support us to plan external quality assurance activity.

Permitted assessment adaptations

Unit	Assessment element	Current assessment method	Permitted assessment adaptation
Introduction to the values and principles of adult social care (D/502/9590)	Assessment element 1: Worksheet	Learner assessment record (LAR)	No adaptation required
Understand the value of chair-based exercise with frailer older adults and disabled adults (T/504/0806)	Assessment element 2: Worksheet	Learner assessment record (LAR)	No adaptation required
Plan and deliver chair-based exercise for frailer older adults (M/504/0951) <i>and / or</i> Plan and deliver chair-based exercise for disabled adults (K/504/0950)	Assessment element 3: Worksheet 3A and or 3B	Learner assessment record (LAR)	No adaptation required
Plan and deliver chair-based exercise for frailer older adults (M/504/0951) <i>and / or</i> Plan and deliver chair-based exercise for disabled adults (K/504/0950)	Assessment element 4: Plan, deliver and evaluate	Learner assessment record (LAR) Learners are required to plan, deliver, and evaluate a chair based exercise session (45 minute – 60 min session) for frailer older adults and/ or disabled clients.	Learners can use a family member or friend as the client. Due to chairs being required as a minimum (other equipment may be used in addition) it is likely this session will take place in a private outdoor space. As the assessor is required to select 6 exercises the assessor should be live via video link if they are not present face to face.