

Assessment Adaptations for YMCA Level 2 Award in Walk Leading (600/6202/2) and Level 2 Certificate in Fitness Walking (600/6203/4)



Overview

This document is designed to provide guidance on how assessments can be adapted to allow learners to complete their qualification when face-to-face delivery/assessments may not be possible.

Important information

If usual delivery of teaching is not possible, consider using a mixture of:

- eLearning
- manuals
- virtual classrooms.

Centres must ensure that learners are fully prepared before any assessment takes place. This includes ensuring that both learners and their clients are always safe and have agreed to the conditions of the adapted assessment. You may need to consider:

- how you will document agreement from the learner
- risk assessments of the assessment environment
- providing learners with additional guidance on remote assessment
- providing learners with an opportunity to practice adaptations before summative assessment
- how you will stop a learner if they are doing something unsafe.

Formative assessment must take place before learners complete their final summative assessment. If both are being completed remotely, you will need to plan in enough time to allow the learners to practice any corrective actions. You will also need to confirm that learners have taken feedback on board before completing summative assessment to ensure to ensure that they are fully prepared.

Learners must ensure they follow current social distancing guidance (both within the group and the public). However, whilst social distancing measures remain in place, the group size for the summative practical may be reduced to 4 participants. Assessment cannot take place unless there is a qualified first aider present.

You do not need approval to complete assessment adaptations outlined in this document, but you must seek approval before making any other changes.

You will need to give us at least 5 working days' notice that final summative assessments is taking place to support us to plan external quality assurance activity.

Allowed assessment adaptations

Unit	Assessment element	Current assessment method	Allowed assessment adaptation
Plan and prepare a walking session (F/602/4084)	Assessment element 1: Planning	Learner assessment record (LAR) Learners are required to plan a suitable walk for a group of people (over the age of 16 years and a minimum of 6 participants).	No adaptation required - although note permitted provisions relating to group size and presence of a First Aider in the paired unit Lead a Walking Session
Lead a walking session (J/504/1278)	Assessment element 2: Leading	Learner assessment record (LAR) Learners are observed leading a walking session (as planned in Assessment element 1)	Assessment cannot take place unless there is a qualified first aider present. Learners must ensure they continue to follow current social distancing guidance (both within the group and the public). Group size may be reduced to 4 participants. Where possible, assessment should be completed under the supervision of the assessor or tutor, either face to face or via live video link. Evidence of all assessment must be retained for internal and external quality assurance.
Level 2 Mandatory units (Certificate in Fitness Walking only)			
Anatomy and physiology for exercise (H/600/9013)	Assessment element 1: Multiple choice theory paper	Face-to-face invigilation	eProctoring
Health, Safety and Welfare in a Fitness Environment (T/600/9016)	Assessment element 2: Assessment Workbook	Assessment workbook (Digital or paper-based)	No adaptation required
Principles of exercise, fitness and health (A/600/9017)	Assessment element 3: Multiple choice theory paper	Face-to-face invigilation	eProctoring
Know how to support clients who take part in exercise and physical activity (M/600/9015)	Assessment element 4: Assessment Workbook	Assessment workbook (Digital or paper-based)	No adaptation required