

Assessment Adaptations for YMCA Level 3 Award in Adapting exercise for Independently Active Older People (600/5879/1)



Overview

This document is designed to provide guidance on how assessments can be adapted to allow learners to complete their qualification when face-to-face delivery/assessments may not be possible.

Important information

If usual delivery of teaching is not possible, consider using a mixture of:

- eLearning
- manuals
- virtual classrooms.

Centres must ensure that learners are fully prepared before any assessment takes place. This includes ensuring that both learners and their clients are always safe and have agreed to the conditions of the adapted assessment. You may need to consider:

- how you will document agreement from the learner
- risk assessments of the assessment environment
- providing learners with additional guidance on remote assessment
- providing learners with an opportunity to practice adaptations before summative assessment
- how you will stop a learner if they are doing something unsafe.

Formative assessment must take place before learners complete their final summative assessment. If both are being completed remotely, you will need to plan in enough time to allow the learners to practice any corrective actions. You will also need to confirm that learners have taken feedback on board before completing summative assessment to ensure that they are fully prepared.

When carrying out practical assessment remotely, using video conferencing solutions, you should support your learners to understand how to use the selected platform and should make a recording that can be made available for internal and external quality assurance. You should refer to our policy on [Video evidence in practical assessments](#) for detailed guidance which includes information on retaining evidence for quality assurance purposes.

You do not need approval to complete assessment adaptations outlined in this document, but you must seek approval before making any other changes.

You will need to give us at least 5 working days' notice that final summative assessments is taking place to support us to plan external quality assurance activity.

Permitted assessment adaptations

Unit	Assessment element	Current assessment method	Permitted assessment adaptation
Considerations for safe and effective exercise for independently active, older people (K/504/0995)	Assessment element 1: Theory paper	Face-to-face invigilation	eProctoring
Plan and adapt exercise programmes for independently active, older people (M/504/0996)	Assessment element 2: Worksheet	Learner assessment record (LAR)	No adaptation required
Plan and adapt exercise programmes for independently active, older people (M/504/0996)	Assessment element 3: Case study/progressive programme	Learner assessment record (LAR) Learners are required to complete a case study including completing 5 pre assessment tests with a client aged 70 years or over. Based on the case study findings learners must devise a suitable progressive programme.	No adaptation required