## YMCA Awards Course Title Scheme of Work

**YMCA Awards course title:**

**Total** **Guided Learning** **Hours: (refer to YMCA Awards syllabus)**

**Direct contact learning hours:**

**Distance learning hours:**

**Aim:**

**Learning Outcomes:** By the end of the course the learner will be able to: (list learner outcomes)

**Blended learning**: Please state how learners will be supported whilst completing home study

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*Example text in italics*

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| **Session number and guided learning hours** |  **Syllabus unit reference number, subject title & indicative content** | **Learner activity and learning check**  | **Equipment/Resources/Comments** |
| *Session 1* *2.5 hours* | *Unit 1/1.1,1.6,1.7,1.8,1.9,1.10 2.1,2.2 Anatomy review: Bones & Joints* | *Active learning task – label skeleton**1 hour*  *Learning check**Skeleton diagram completion* | *Power point/Induction Packs/Par Q**YMCA Awards manual**YMCA Awards elearning* |

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| *Session 2**2 hours* | *Unit 1/2* *Joint actions* | *Joint action workshop - practical application of theory**Learning check – complete worksheet* | *L3 Manuals/Power point/Skeleton Joint action cards/Skeleton/ L3 Anatomy manuals* |
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