QAN Qualification – includes Find a Learning Aim (FALA) link	Age 14-16	Age 16-19	Local Flexibilities	Adult Skills	Legal Entitlement L2 L3	Lifelong Learning Entitlement	Advanced Learner Loans
600/7385/8 YMCA Level 1 Award in Body Image and the Relationship to Wellbeing	✓						
601/4334/4 YMCA Level 1 Award in Employability and Personal Development	✓	✓	✓	✓			
500/8428/8 YMCA Level 1 Award in Fitness and Physical Activity	✓	✓	✓	✓			
601/6693/9 YMCA Level 1 Award in Health Champions	✓						
600/2264/4 YMCA Level 1 Award in Introduction to Lifestyle Management	✓						
500/8442/2 YMCA Level 1 Award in Lifestyle Management	✓	✓	✓	✓			
601/4335/6 YMCA Level 1 Certificate in Employability and Personal Development	✓						
601/4358/7 YMCA Level 1 Diploma in Employability and Personal Development	✓						
600/9170/8 YMCA Level 1 Diploma In Sport and Active Leisure	✓						
603/7343/X YMCA Level 2 Award in Developing sustainable physical activity programmes within community settings		✓	✓	✓			
500/6534/8 YMCA Level 2 Award in Employment Awareness in Active Leisure and Learning	✓						
603/7216/3 YMCA Level 2 Award in Engaging Children and Young People in Sport and Physical Activity		✓	✓	✓			
603/7186/9 YMCA Level 2 Award in Instructing Kettlebell Training		✓	✓	✓			
603/7146/8 YMCA Level 2 Award in Mental Health Awareness and Understanding Approaches to Support Individuals	✓						
600/5269/7 YMCA Level 2 Award In Nutrition for Healthy Living	✓	✓	✓	✓			
610/4039/3 YMCA Level 2 Award in Supporting Wellness	✓						
603/7361/1 YMCA Level 2 Award in Understanding Stewarding at Spectator Events		✓	✓	✓			
603/7154/7 YMCA Level 2 Certificate in Group Exercise Instructing		✓	✓	✓			
610/4592/5 YMCA Level 2 Extended Technical Occupational Entry in Exercise and Fitness: Gym Instructor (Diploma)		✓	✓	✓	✓		
610/4600/0 YMCA Level 2 Technical Specialist in Exercise and Fitness: Group Exercise Instructor (Circuit Training) (Award)		✓	✓	✓	✓		
610/4601/2 YMCA Level 2 Technical Specialist in Exercise and Fitness: Group Exercise Instructor (Indoor Cycling) (Award)		✓	✓	✓	✓		
603/1902/1 YMCA Level 3 Award in Emergency First Aid at Work		✓					
603/1903/3 YMCA Level 3 Award in First Aid at Work		✓					
603/4856/2 YMCA Level 3 Certificate in Leadership, Management and Customer Service in Sport and Active Leisure		✓					
610/0701/8 YMCA Level 3 Diploma in Performance Massage		✓					✓
603/3855/6 YMCA Level 3 Diploma in Teaching Pilates (Practitioner)		✓					✓
603/3617/1 YMCA Level 3 Diploma in Teaching Yoga (Practitioner)		✓					✓
610/3995/0 YMCA Level 3 Technical Occupational Entry in Exercise and Fitness: Personal Trainer (Diploma)		✓		✓	✓		✓
600/3849/4 YMCA Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice		✓					
600/3850/0 YMCA Level 4 Award in Understanding the Internal Quality Assurance of Assessment Processes and Practice		✓					
610/2694/3 YMCA Level 4 Certificate in Advanced Nutrition for Health, Weight Management and Sports Performance		✓					✓
601/4796/9 YMCA Level 4 Certificate in Delivering Physical Activity for Individuals with Mental Health Conditions		✓					✓
600/3913/9 YMCA Level 4 Certificate in Leading the Internal Quality Assurance of Assessment Processes and Practice							✓
601/3505/0 YMCA Level 4 Certificate in Programming Physical Activity for Individuals with Low Back Pain		✓					✓
610/0736/5 YMCA Level 4 Certificate in Sports Massage Therapy (Soft Tissue Dysfunction)		✓				✓	✓
600/6752/4 YMCA Level 4 Certificate in Weight Management for Individuals with Obesity, Diabetes Mellitus and/or Metabolic Syndrome		✓					✓
603/7362/3 YMCA Level 4 Diploma in Spectator Safety Management		✓					✓
610/3569/5 YMCA Level 4 Diploma in Sports Massage Therapy (Soft Tissue Dysfunction)		✓				✓	✓



Please note: This information is accurate as of 10/07/2025 based on the Find a Learning Aim (FALA) service. Please verify details directly in FALA before making delivery or funding decisions.