

E PACKAGE

(EFFECTIVE FROM 1 AUGUST 2025)

At YMCA Awards, we believe in fair and transparent pricing. When you work with us, you receive more than just qualifications, you gain access to a dedicated and experienced team and a wide range of additional services designed to support your success.

Our pricing structure reflects our commitment to quality, affordability, and value, ensuring our approved centres receive exceptional support and resources.

ePackages include registration, eLearning and a digital manual subscription, discounts apply only when these products are purchased together, with VAT charged solely on the eLearning component.

**eLearning and digital manual subscriptions are for 12 months access*

Level 1:

| Qualification | Fees |
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| YMCA Level 1 Award in Fitness and Physical Activity (500/8428/8) - YMCA Awards | £71.50 |

Level 2:

| Qualification | Fees |
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| YMCA Level 2 Award in Anatomy, Physiology and Fitness Principles for EMD UK Professional Membership (610/3661/4) - YMCA Awards | £61.50 |

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| YMCA Level 2 Award in Supporting Mental Health: Early Intervention (610/4380/1) - YMCA Awards | £56.00 |
| YMCA Level 2 Award in Supporting Wellness (610/4039/3) - YMCA Awards | £56.00 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Fitness Walking) (610/2791/1) - YMCA Awards | £81.50 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Circuit Training) (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Freestyle Exercise To Music) (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Indoor Cycling) (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Step Exercise To Music) (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Studio Resistance Training) (610/2791/1) - YMCA Awards | £127.50 |

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| YMCA Level 2 Certificate in Exercise and Fitness: Group Exercise Instructor (Water-Based Exercise) (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Gym Instructing (WALES ONLY) (603/2767/4) - YMCA Awards | £157.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Circuit Training (603/7154/7) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Exercise to Music — Freestyle (603/7154/7) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Fitness Walking (610/2791/1) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Indoor Cycling (603/7154/7) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Step Exercise to Music (603/7154/7) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in Group Exercise Instructing: Studio Resistance Training (603/7154/7) - YMCA Awards | £127.50 |

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| YMCA Level 2 Certificate in Group Exercise Instructing: Water-Based Exercise (603/7154/7) - YMCA Awards | £127.50 |
| YMCA Level 2 Certificate in the Foundations of Strength and Conditioning (Trainer) (603/3413/7) - YMCA Awards | £137.50 |
| YMCA Level 2 Diploma in Exercise and Fitness Instructing (603/7285/0) - YMCA Awards | £202.00 |
| YMCA Level 2 Diploma in Exercise and Fitness: Group Exercise Instructor (Professional Studio Instructor) (610/3583/X) - YMCA Awards | £137.50 |
| YMCA Level 2 Diploma in Exercise and Fitness: Gym and Group Exercise Instructor (Circuit Training) (610/2793/5) - YMCA Awards | £184.00 |
| YMCA Level 2 Diploma in Exercise and Fitness: Gym Instructor (610/2784/4) - YMCA Awards | £157.50 |
| YMCA Level 2 Extended Technical Occupational Entry in Exercise and Fitness: Gym Instructor (Diploma) (610/4592/5) - YMCA Awards | £157.50 |

Level 3:

| Qualification | Fees |
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| YMCA Level 3 Award in Nutrition to Support Physical Activity (603/3098/3) - YMCA Awards | £56.00 |

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| YMCA Level 3 <u>Certificate in Supporting Wellness through Lifestyle Behaviour Change</u> (610/4040/X) - YMCA Awards | £86.50 |
| YMCA Level 3 <u>Diploma in Exercise and Fitness: Gym and Group Exercise Instructor (Circuit Training) and Personal Trainer</u> (610/2794/7) - YMCA Awards | £322.50 |
| YMCA Level 3 <u>Diploma in Exercise and Fitness: Gym Instructor and Personal Trainer</u> (610/2789/3) - YMCA Awards | £291.00 |
| YMCA Level 3 <u>Diploma in Exercise and Fitness: Personal Trainer</u> (610/2787/X) - YMCA Awards | £168.00 |
| YMCA Level 3 <u>Diploma in Instructing Pilates Matwork</u> (610/4340/0) - YMCA Awards | £148.00 |
| YMCA Level 3 <u>Diploma in Performance Massage</u> (610/0701/8) - YMCA Awards | £127.50 |
| YMCA Level 3 <u>Diploma in Personal Training (Practitioner) (WALES ONLY)</u> (603/2438/7) - YMCA Awards | £168.00 |
| YMCA Level 3 <u>Diploma in Personal Training (Practitioner) in Indoor and Outdoor Environments</u> (603/3505/1) - YMCA Awards | £247.00 |
| YMCA Level 3 <u>Diploma in Personal Training (Practitioner), Outdoor Exercise and Sports Conditioning</u> (603/3510/5) - YMCA Awards | £215.50 |

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| YMCA Level 3 Diploma in Supporting Participation in Physical Activity: Long-Term Health Conditions (610/4680/2) - YMCA Awards | £97.00 |
| YMCA Level 3 Diploma in Teaching Pilates (Practitioner) (603/3855/6) - YMCA Awards | £148.00 |
| YMCA Level 3 Diploma in Teaching Yoga (Practitioner) (603/3617/1) - YMCA Awards | £148.00 |
| YMCA Level 3 Technical Occupational Entry in Exercise and Fitness: Personal Trainer (Diploma) (610/3995/0) - YMCA Awards | £168.00 |

Level 4:

| Qualification | Fees |
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| YMCA Level 4 Certificate in Advanced Nutrition for Health, Weight Management and Sports Performance (610/2694/3) - YMCA Awards | £118.50 |
| YMCA Level 4 Diploma in Sports Massage Therapy (Soft Tissue Dysfunction) (610/3569/5) - YMCA Awards | £179.50 |

Contact Us

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